

**ON UNCLE SAM'S WATER
WAGON; 500 RECIPES FOR
DELICIOUS DRINKS, WHICH
CAN BE MADE AT HOME**

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On Uncle Sam's water wagon; 500 recipes for delicious drinks, which can be made at home by Helen Watkeys Moore

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HELEN WATKEYS MOORE

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WHICH CAN BE MADE AT HOME

BY

HELEN WATKEYS MOORE

AUTHOR OF "CAMOUFLAGE COOKERY"

G. P. PUTNAM'S SONS
NEW YORK AND LONDON
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1919

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Dedicated
TO
ONE WHOSE HELP HAS BEEN
AN INSPIRATION

FOREWORD

The acceptance of the Eighteenth Amendment to the Constitution of the United States by the Legislatures of every State but three means that, after a stated date, the manufacture and sale of intoxicating liquors is totally prohibited throughout the United States, and all territory subject to it.

Many people, especially in the East, and in New York State particularly, apparently did not awaken to the fact that this great movement was sweeping the country, until the Amendment had been passed.

There has been bitter protest against what is claimed to have been the hasty forcing through of a social ordinance such as this, by a group of fanatics, contrary to the real wishes of the majority of the people.

Sufficient answer to this is the fact that Prohibition has been before the country for many years, that it has steadily made headway, that it exists practically in thirty-two of the States either by constitution, statute, or local option, that it has been adopted by the Nation through the most

deliberate procedure known, *i.e.*, an Amendment to the Federal Constitution, which must first be passed by two thirds of each house of Congress, and afterwards voted upon and accepted by the Legislatures of three fourths of the States, and that it has been accepted by forty-five States, in almost every case by large majorities.

Whether or not the wisdom of the measure commends itself to all the people, it is fair to assume that, having become part of the basic law of the land, the American people, being law-abiding citizens, will observe it.

But this does not mean that men and women will no longer become thirsty.

It is the aim of this little book to present a collection of some hundreds of recipes, for making in the home delicious, appetizing, and wholesome drinks, free from the alcoholic taint. In addition to the well-known beverages, such as tea, coffee, milk, and lemonades, there are many familiar by name, but that the average person knows only as they are served at soda fountains.

It is believed that by learning to make them in the home—and in nearly every case the directions are very simple—one may have available a long list of refreshing drinks at far less cost and distinctly superior in quality and cleanliness.

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