

**LESSONS IN TRUTH; A  
COURSE OF  
TWELVE LESSONS IN  
PRACTICAL CHRISTIANITY**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649743100

Lessons in truth; a course of twelve lessons in practical Christianity by H. Emilie Cady

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.  
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

[www.triestepublishing.com](http://www.triestepublishing.com)

**H. EMILIE CADY**

**LESSONS IN TRUTH; A  
COURSE OF  
TWELVE LESSONS IN  
PRACTICAL CHRISTIANITY**



# LESSONS IN TRUTH

A Course of Twelve Lessons in  
Practical Christianity



H. EMILIE CADY

AUTHOR

"FINDING THE CHRIST IN OURSELVES;" "ONENESS WITH GOD,"  
AND "NEITHER DO I CONDEMN THEE;" "GOD'S HAND,"  
AND "LOOSE HIM AND LET HIM GO;" AND  
"TRUSTING AND RESTING."

UNITY SCHOOL OF CHRISTIANITY  
KANSAS CITY, MISSOURI  
1920

ZIK



## CONTENTS

---

LESSON	PAGE
I. Statement of Being . . . . .	5
II. Thinking . . . . .	13
III. Denials . . . . .	28
IV. Affirmations . . . . .	43
V. Faith . . . . .	54
VI. Definition of Terms Used . . . . .	67
VII. Spiritual Understanding . . . . .	80
VIII. Secret Place of the Most High . . . . .	94
IX. Finding the Secret Place . . . . .	108
X. Spiritual Gifts . . . . .	124
XI. Unity of the Spirit . . . . .	136
XII. Bondage or Liberty, Which? . . . . .	150





## STATEMENT OF BEING

### WHO AND WHAT GOD IS—WHO AND WHAT MAN IS

#### FIRST LESSON

[In entering upon this course of instruction let each one, as far as possible, lay aside for the time being all previous theories and beliefs. By so doing you will be saved the trouble of trying all the way through the course to force "new wine into old bottles." If there is anything as we proceed which you do not understand or agree with, just let it lie passively in your mind until you receive the entire course, for many statements which would naturally arouse antagonism and discussion will be clear and easily accepted a little further on. After the course is completed, if you wish to return to your old beliefs and ways of living, you are at perfect liberty to do so. But for the time being, be willing to become as little children; for, said a Master in spiritual things, "Except ye become as little children ye can in no wise enter the kingdom of heaven." If at times there seems to be repetition, please remember that these are lessons, not lectures.]

When Jesus was talking with the Samaritan woman at the well, he said to her, "God is Spirit; and they that worship him must worship him in spirit and in truth." He did not say, God is *a* Spirit. The article *a*, italicized as it is in our Bibles, has been interpolated by translators. To say "a spirit"

would be implying the existence of more than one spirit. Jesus in his statement did not do this.

Webster in his definition of Spirit says, "Spirit is life or intelligence conceived of entirely apart from physical embodiment. It is vital essence, force, energy, as distinct from matter."

God, then, is not, as many of us have been taught to believe, a big personage or man residing somewhere in a beautiful region in the sky called "heaven," where good people go when they die and see him clothed with ineffable glory; nor is he a stern, angry judge only awaiting an opportunity somewhere to punish bad people who have failed to live a perfect life here.

God is Spirit, or the Creative Energy which is the cause of all visible things. God as Spirit is the invisible life and intelligence (according to Webster's definition of Spirit) which underlies all physical things. There could be no body, or visible part, to anything unless there was first Spirit as creative cause.

God is not a being or person having life, intelligence, love, power. God is that invisible, intangible, but very real something we call Life. God is perfect Love and infinite Power. God is the sum total of these combined, the sum total of all good, whether manifested or unexpressed.

There is but one God in the universe, but one source of all different forms of life or intelligence we see, whether they be man, animal, tree or rock.

God is Spirit. We cannot see Spirit with these fleshly eyes; but when we clothe ourselves with the spiritual body, then Spirit is visible or manifest and we recognize it. You do not see the living, thinking "me" when you look at my body. You see only the form through which I am manifesting.

God is Love. We cannot see love, nor grasp any comprehension of what love is, except as love is clothed with a body. All the love there is in the universe is God. The love between husband and wife, between parents and children, is just the least little bit of God as pushed forth through visible form into manifestation. A mother's love, so infinitely tender, so unailing, is the same love, only manifested in greater degree through the mother.

God is Wisdom or Intelligence. All the wisdom or intelligence we see in the universe is God—is wisdom projected through a visible form. To educate (from *educere*, to lead forth) never means to force into from the outside, but always means *to draw out from within something already existing there*. God as infinite Wisdom or Intelligence lives within every human being, only waiting to be led