

GOLDEN RULES OF PEDIATRICS

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Golden Rules of Pediatrics by John Zahorsky

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JOHN ZAHORSKY

**GOLDEN RULES
OF PEDIATRICS**

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PREFACE TO THE SECOND EDITION.

Additional observation and experience has confirmed my conviction that short, practical rules are interesting and useful. The favorable reception accorded the first edition also indicates that medical maxims are welcome to busy practitioners. Quite a number of new rules that experience has demonstrated to be useful have been added to this second edition under the various headings.

This work should by no means be considered a text-book for teaching the subject of pediatrics. Its purpose, as indicated in the preface to the first edition, is to furnish the busy practitioner with practical suggestions in diagnosis and treatment. It is especially in diagnosis that certain concise directions are helpful; for example, when a child complains of pain and tenderness in the right iliac region, it is well for the physician to bear in mind that an examination of the right lung is necessary. Working formulas receive the greater consideration when stated in terse propositions.

I feel, therefore, that this simple book of maxims will have a place in the general practitioner's library.

JOHN ZAHORSKY.

St. Louis, April, 1911.

PREFACE TO THE FIRST EDITION.

Ever since the days of Hippocrates, aphorisms have been a favorite mode of expressing the essential truths of a medical science. Especially today, when the modern spirit of investigation has made the art of pediatrics depend on so many scientific inquiries, it is necessary, at times, to state essential practical points in a concise form. In reading an elaborate text-book there are some propositions which naturally make a stronger impression on the mind than others equally important; hence some kind of guide is necessary to pick out the most valuable conceptions.

In the following pages the aphorisms and precepts are composed of propositions which, to me, appear the most valuable; it is entirely a personal choice. I will be pardoned if some precepts emphasize points which I believe the general profession has overlooked or wherein it has erred. We all have "cypress trees" which we paint in every picture.

Here and there, as will be noticed, additional propositions of less importance have been added in order to make the subject more complete.

The knowledge herein conveyed is the knowledge of the profession; for the mode of presenting it I

am alone responsible. Some favorite ideas are controverted by good authority, but nevertheless a book of aphorisms, having personal views back of it, is probably more interesting, if not more valuable, than a compendium of undisputed maxims.

JOHN ZAHORSKY.

St. Louis, August, 1908.

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