

**HEALTH AND
POWER THROUGH
RIGHT THINKING**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649485093

Health and Power Through Right Thinking by John Wesley Carter

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

JOHN WESLEY CARTER

**HEALTH AND
POWER THROUGH
RIGHT THINKING**

to J. H. ...

16 Racine St.

Nov. 24, 1900

Health and Power

Through Right Thinking

By

JOHN WESLEY CARTER

Author

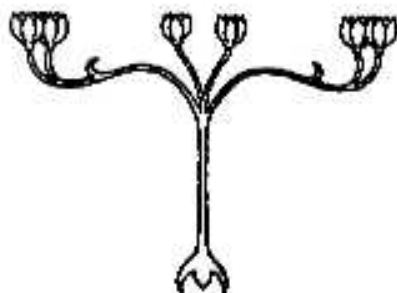
"From the Heights"

"Our Friendships"

Etc.

Pastor of the Church of the Good Shepherd

RACINE, WISCONSIN



BF
636
.C3

Published as
Feature Editorials in
The Racine Daily Journal-News

Also in
The Universalist Leader
Boston and Chicago

Reprinted by Permission
October 1916

1756
.17

Foreword

THESSE printed articles on "Health and Power Through Right Thinking" are the substance of a series of Sunday Evening Addresses on the same general theme. The pulpit from which they were delivered still labors to save men's bodies and to prevent disease caused by ignorance and vile sanitary conditions. It is interested in sanitation, pure food, good housing conditions and economic justice. But it has also awakened to the recognition of "the mental factor" as one of the great underlying causes of human happiness and misery. In the preparation of these articles the author has sifted much literature and experience and passes it on in this condensed form to those who are unable to do so for themselves. He also wishes to reach that wider circle who did not hear the spoken word.

J. W. C.
"Michigan Lodge"
Lakeview Terrace
Racine, Wisconsin

10

11

12

13

14

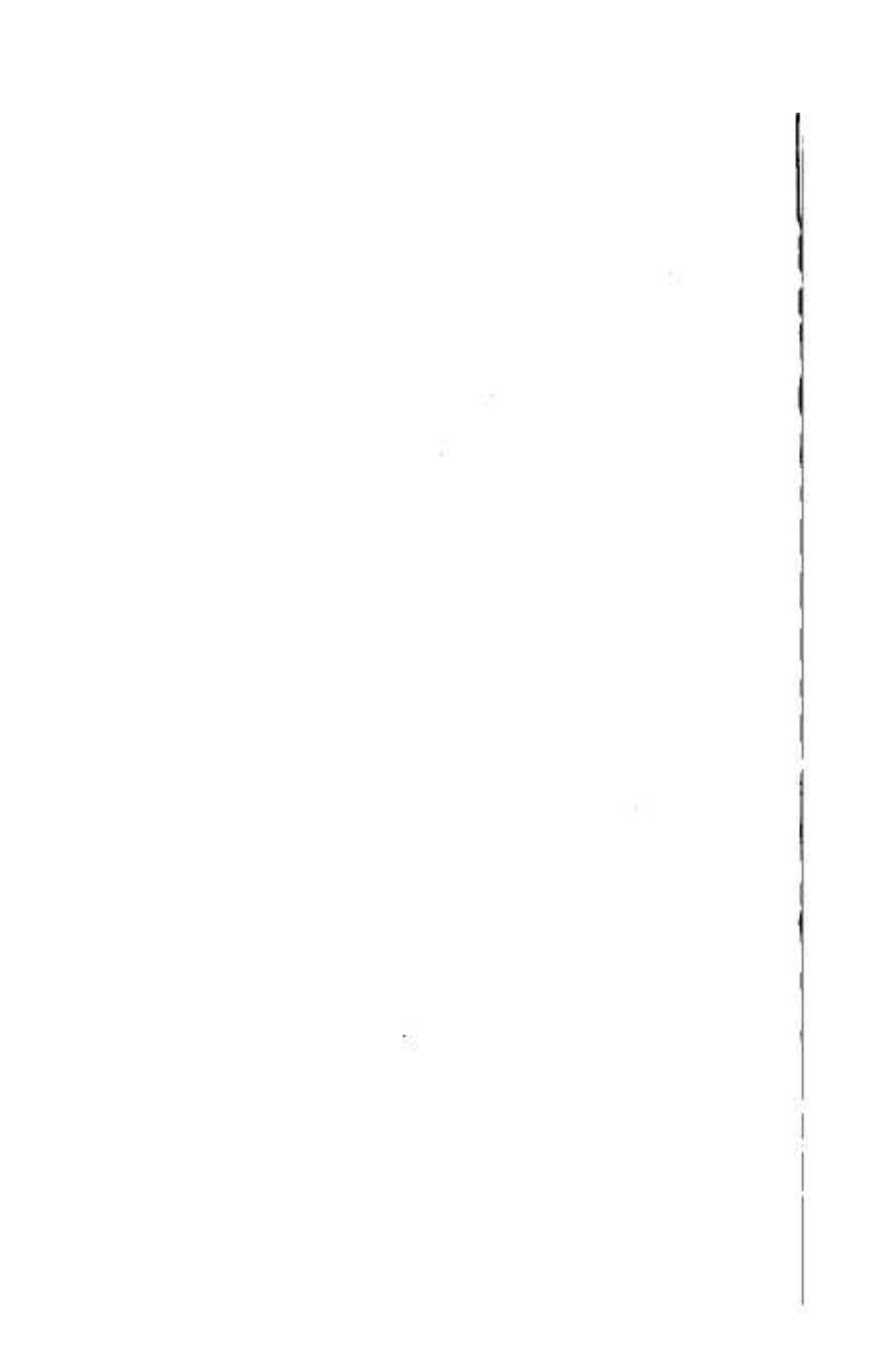
15

16

17

Contents:

Right Thinking - -	11
Self-Control - - -	23
The Optimist - - -	35
The Joy Makers -	47
Beautiful Faces - -	59
The Worry Habit -	71
Fear and Hate - -	81
Mental Surgery - -	91
Nerves In Order -	105
The Cosmic Sense -	117



Right Thinking

'You never can tell what your thoughts will do
In bringing you hate or love,
For thoughts are things, and their airy wings
Are swift as a carrier dove.
They follow the law of the Universe—
Each thing must create its kind,
And they speed o'er the track to bring you back
Whatever went out from your mind.'

—*Ella Wheeler Wilcox*