

**RECEIPT BOOK; AND
YOUNG HOUSEKEEPER'S
ASSISTANT**

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Receipt Book; And Young Housekeeper's Assistant by Mrs. E. Putnam

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MRS. E. PUTNAM

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YOUNG HOUSEKEEPER'S
ASSISTANT**

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RECEIPT BOOK;

AND

YOUNG HOUSEKEEPER'S ASSISTANT.

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STEREOTYPED AT THE
BOSTON STEREOTYPE WORKS.

P R E F A C E .

THIS little book is the result of twenty years' experience, on the part of the author, in house-keeping. The receipts which it contains were, in great part, originally written down for her own convenience; others from time to time have been added, with the hope that they might be of service to her daughters. She has been led to suppose that they might be made useful to others also; and for this reason, with the advice and encouragement of those on whom she ought to rely, they are now published.

Without comparing this book with any other works of a similar character, it is thought that it proposes the three following characteristics:—

1. It contains no receipt which the author has not herself tried and proved, experimentally, to be good.

• 2. It contains a sufficient number of receipts to meet all the ordinary wants of a family.

3. A third object kept constantly in view has been to provide receipts which will enable one to furnish a table handsomely, at the smallest expense.

Great attention has been given to the last point. Few persons are aware what a difference the mode of cooking makes in the cost of a year's house-keeping. Without any increase of expenditure, one person, by means of good receipts skilfully used, and by a tasteful arrangement of the table, will make a feast out of the articles of food which would have hardly sufficed another for the most indifferent meal. There are housekeepers whose table, notwithstanding great extravagance, is always disorderly and uninviting. They do not know how to make use of their materials, and they never get beyond a coarse, uninviting abundance. There are others who, with the cheapest materials and with very limited means, through good taste, good judgment, and good cooking, have always a table richly and handsomely furnished.

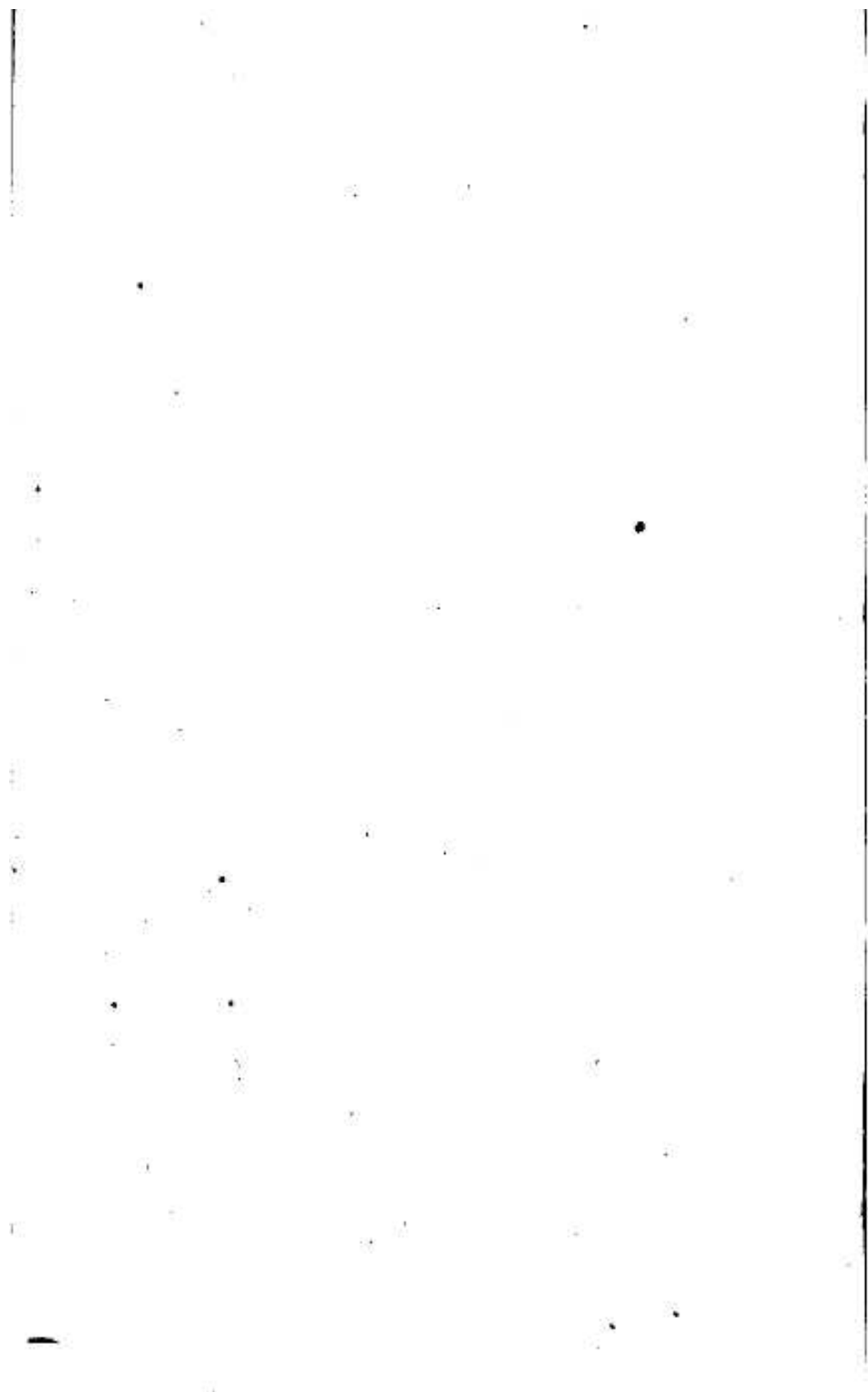
In this, and in other respects, the intention has been to prepare a work for practical use. One of the greatest conveniences to a young housekeeper

PREFACE

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is a Cook Book, on the excellence of whose directions she may rely ; while few things embarrass her more than one which is filled, not with a selection, but with an indiscriminate collection, of receipts, good, bad, and indifferent, brought together haphazard, without any reference to their real value. This book has at least the negative merit of containing nothing inserted merely to swell the size of the volume ; and it is believed that it may claim the positive merit of containing good and economical rules, sufficient to meet any wants which are likely to occur in the common round of a housekeeper's life.

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