# THE NERVOUS SYSTEM AND ITS CONSERVATION. SECOND EDITION, REVISED

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The Nervous System and Its Conservation. Second Edition, Revised by Percy Goldthwait Stiles

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# THE NERVOUS SYSTEM AND ITS CONSERVATION

BY

## PERCY GOLDTHWAIT STILES

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# TO EDITH ARTHUR BECKLER

Co-worker and Friend:

My colleague in developing the instruction in Hygiene
in Simmons College

## PREFACE TO THE SECOND EDITION

The emphasis placed upon Hygiene in the first edition of this book will be found even more marked in the revision. The chief additions have been to the later chapters. The course pursued has been dictated by the availability of other books treating of the structure and functioning of the nervous system, notably of Herrick's "Introduction to Neurology." With such works of reference at hand there seems to be little reason to amplify the elementary description attempted here.

The number of specific references has been considerably increased.

P. G. S.

September, 1917.

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# PREFACE

There are several excellent books devoted to the anatomy of the nervous system, there are others which treat of its physiology in an illuminating way, and others still which deal with its hygiene. If the present volume is not to be an impertinence, it must be justified by its attempt to combine some elements of the three. The intention has been to present no more anatomy than is essential to an appreciation of the correlated physiology and to subordinate the physiology, in its turn, to the teaching of hygiene.

In the chapters which deal with structure and function the writer has tried to gather his material from authoritative sources. In those occupied more largely with hygiene, personal judgments have doubtless found expression. But the desire has been not so much to dictate in a dogmatic spirit as to open important matters to fuller discussion.

Many associates have contributed to the making of this book. From the number it is just to mention Professor Ernest G. Martin, of Harvard, whose suggestions have been numerous and valuable.

P. G. S.

