THE CARE AND FEEDING OF CHILDREN; A CATECHISM FOR THE USE OF MOTHERS AND CHILDREN'S NURSES

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649292042

The care and feeding of children; a catechism for the use of mothers and children's nurses by L. Emmett Holt

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd. Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

L. EMMETT HOLT

THE CARE AND FEEDING OF CHILDREN; A CATECHISM FOR THE USE OF MOTHERS AND CHILDREN'S NURSES



THE CARE AND FEEDING OF CHILDREN

A CATECHISM FOR THE USE OF MOTHERS
AND CHILDREN'S NURSES

BY

L. EMMETT HOLT, M.D., LL.D.

PROFESSOR OF DISEASES OF CHILDREN IN THE COLLEGE OF PHYSICIANS
AND SCREENS (COLUMBIA UNIVERSITY)
ATTENDING PHYSICIAN TO IRE BABIES' HOSPITAL AND THE
FOUNDLING HOSPITAL, NEW YORK

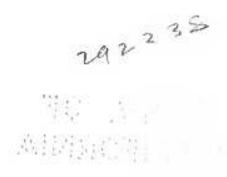
Beventh Chition, Revised and Enlarged

Last by the

CALHORATA

NEW YORK AND LONDON D. APPLETON & CO.

COPPRIGHT, 1894, 1897, 1903, 1906, 1939, 1912, 1914, nv D. APPLETON AND COMPANY



Printed in the United States of America

TO

THE YOUNG MOTHERS OF AMERICA,

TOWARD THE SOLUTION OF WHOSE PROBLEMS THESE PAGES HAVE BEEN DEVOTED,

THIS WORK

IS RESPECTFULLY DEDICATED BY THE AUTHOR.



PREFACE TO THE SEVENTH EDITION

The constant use of the Catechism as a manual for nursery maids has shown the need of fuller treatment of several subjects than was given in the earlier editions. An attempt has been made to meet the needs of mothers and nurses outside of institutions who have made the book a nursery guide, especially in matters relating to older children.

The author's aim has been not to alarm the mother by acquainting her with all the possible diseases and accidents which may befall her child, but to open her eyes to matters which are her direct and chief concern.

It is, therefore, the needs of the well child, not the sick one, which have been considered. The well child must, in most cases, be left to the care of the mother or nurse for whose guidance and assistance these pages are intended. For directions in matters of illness, however, no mother or nurse should depend upon any manual, but upon the advice of a physician.

It is hoped that the mothers and nurses who have found the earlier editions of the Catechism helpful in the solution of some of their nursery problems will find even greater assistance from the present volume.

NEW YORK, 1914

CONTENTS

t

| | | THE | CA | RE | OF | CHI | LDRI | EN | | | |
|-----------------------------------------------------------------------------------|------|--------|-------|------------|-------|---------|--------|-------|-------|----|------|
| | | | | | | | | | | | PAGE |
| Bathing | | : • | | 90 | 15 | 1950 | | 0.75 | | | 15 |
| Genital or | gans | 16 | | | | | - 30 | 4 | | | 16 |
| Eyes . | | 74 | 8.0 | * | 36 | 3363 | * | | | 90 | 17 |
| Mouth | | | N•37 | * | 200 | | | | | | 18 |
| Skin . | | | | | 8 | | ÷ | 3 | | | 19 |
| Clothing | - 53 | 8 | | | | 1 | | | | | 21 |
| Napkins | 207 | 200 | | | 626 | 00000 | | 72 | | | 24 |
| Nursery | 200 | 0.50 | | 200 | 0.50 | 10.000 | • | | • | | 25 |
| Airing | 33 | 3 | | - 27 | - 33 | | - 8 | | | 3 | 27 |
| Weight, growth, and development | | | | | | | | | 85 | 31 | |
| Dentition . | | , | | | | 23 | * (2) | | | - | 37 |
| | | | | | п | | | | | | |
| | | | INF | ANT | r F | EDI | NG | | | | |
| Nursing | ¥3 | | G. | (1) | | 54 | 30 | | | | 44 |
| Weaning f | rom | the br | east | 40 | 300 | 13 | 80 | (a) | | *6 | 53 |
| Weaning f | | | | | | | | 0.00 | | | 54 |
| Artificial f | | | | 24 | 2 | | - 5% | 19 | | | 57 |
| | | | f mil | k us | ed fo | or infe | ant fe | eding | 10.22 | | 57 |
| Selection and care of milk used for infaut feeding Modification of cow's milk. | | | | | | | | | | 62 | |
| | | k, 67; | | | 9. | (5-50) | 52.5 | 100 | 0.0 | | 1930 |