

**MRS. PUTNAM'S RECEIPT
BOOK, AND YOUNG
HOUSEKEEPER'S
ASSISTANT**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649653041

Mrs. Putnam's Receipt Book, and Young Housekeeper's Assistant by E. Putnam

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E. PUTNAM

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RECEIPT BOOK,

AND

YOUNG HOUSEKEEPER'S ASSISTANT.

NEW AND ENLARGED EDITION.

NEW YORK:
OAKLEY & MASON,
21 MURRAY STREET.

1867.

PREFACE.

THIS little book is the result of twenty years' experience, on the part of the author, in housekeeping. The receipts which it contains were, in great part, originally written down for her own convenience; others from time to time have been added, with the hope that they might be of service to her daughters. She has been led to suppose that they might be made useful to others also; and for this reason, with the advice and encouragement of those on whom she ought to rely, they are now published.

Without comparing this book with any other works of a similar character, it is thought that it proposes the three following characteristics:

1. It contains no receipt which the author has not herself tried and proved, experimentally, to be good.

2. It contains a sufficient number of receipts to meet all the ordinary wants of a family.

3. A third object kept constantly in view has been to provide receipts which will enable one to furnish a table handsomely, at the smallest expense.

Great attention has been given to the last point. Few persons are aware what a difference the mode of cooking makes in the cost of a year's housekeeping. Without any increase of expenditure, one person, by means of good receipts skillfully used, and by a tasteful arrangement of the table, will

make a feast out of the articles of food which would have hardly sufficed another for the most indifferent meal. There are housekeepers whose table, notwithstanding great extravagance, is always disorderly and uninviting. They do not know how to make use of their materials, and they never get beyond a coarse, uninviting abundance. There are others who, with the cheapest materials and with very limited means, through good taste, good judgment, and good cooking, have always a table richly and handsomely furnished.

In this, and in other respects, the intention has been to prepare a work for practical use. One of the greatest conveniences to a young housekeeper is a Cook Book, on the excellence of whose directions she may rely; while few things embarrass her more than one which is filled, not with a selection, but with an indiscriminate collection, of receipts, good, bad, and indifferent, brought together hap-hazard, without any reference to their real value. This book has at least the negative merit of containing nothing inserted merely to swell the size of the volume; and it is believed that it may claim the positive merit of containing good and economical rules, sufficient to meet any wants which are likely to occur in the common round of a housekeeper's life.

P R E F A C E

TO THE IMPROVED EDITION.

EIGHT years have elapsed since I published the first edition of this volume of receipts. Encouraged by the very favorable reception it met with, and having been frequently solicited to enlarge it, I have added largely to the number and variety of the receipts, and have changed such as a longer experience showed to be susceptible of improvement. For the purpose of aiding young housekeepers, a few bills of fare have been given; also, some suggestions with regard to furnishing the kitchen, and other domestic matters.

Trusting that this work may meet the approbation of housekeepers, I respectfully submit it to their candid consideration.

THE AUTHOR.

INDEX.

PLAIN BREAD AND CAKE.

	PAGE		PAGE
Biscuit,	4	Graham Bread,	2
Bread,	1	Muffins,	6
Bread Griddle-Cakes with Water,	8	Rice Cakes,	7
Bread Griddle Cakes with Milk,	9	Rice Waffles,	8
Breakfast Cake,	9	Rye Drop-Cakes,	7
Brown Bread,	3	Rye Cakes,	7
Brown or White Bread Brewis,	10	Short Biscuit,	3
Buckwheat Cakes,	6	Soda Biscuit,	2
Corn Bread,	4	Soda Cake,	9
Corn Cake,	5	Soda Griddle-Cakes,	9
Corn Meal Cakes,	5	Sour Milk Biscuit,	4
Corn Meal Cup-Cake,	5	Third Bread,	2
Crumpets,	9	Waffles,	8
Dinner Rolls,	4	Waffles with Yeast,	8
Flannel Cakes,	7	Water Muffins,	6
		Yeast,	1

SOUPS.

A Brown Beef Soup,	23	Beef Soup,	24
A Nice White Soup,	20	Brown Stock,	11
Another White Soup,	21	Calf's Head Soup,	14
A Roast Beef and Boiled Turkey Soup,	18	Carrot Soup,	25
A Shin of Beef Soup,	22	Clear Beef Soup,	25
A Soup Made Quickly,	24	Cold Beef Bone, etc.,	23
A Very Simple Soup,	18	Giblet Soup,	23
A White Vegetable Soup,	20	Green Pea Soup,	25
		Gumbo Soup,	26