

**THE CARLSBAD TREATMENT
FOR TROPICAL AND DIGESTIVE
AILMENTS AND HOW TO
CARRY IT OUT ANYWHERE**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649413041

The Carlsbad Treatment for Tropical and Digestive Ailments and How to Carry It out
Anywhere by Louis Tarleton Young

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LOUIS TARLETON YOUNG

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THE DISCOVERY OF CARLSHAD.

THE
CARLSBAD TREATMENT

FOR

TROPICAL AND DIGESTIVE AILMENTS

AND

HOW TO CARRY IT OUT ANYWHERE

BY

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CLIMATOLOGICAL SOCIETY.

SECOND EDITION, REVISED.

LONDON:

W. THACKER & CO., 2, CREED LANE, E.C.

CALCUTTA AND SIMLA: THACKER, SPINK & CO.

NEW YORK: 67, FIFTH AVENUE.

1899.

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PREFACE TO FIRST EDITION.

HAVING myself felt the want of some practical direction for carrying out the Carlsbad Treatment for Tropical Ailments in India, I thought that it might possibly prove of use to give the result of six years' practical experience of it.

Time and experience have not shaken but increased my confidence in the efficacy of this treatment.

It must be clearly understood that the directions in this book are not intended to supplant medical advice.

UMBALLA, *September*, 1894.

PREFACE TO SECOND EDITION.

THE intention of this book has been to relieve the physician from the trouble and delay of giving, the patient from the risk of imperfectly understanding or remembering, the rather complex details necessary to properly carry out the Carlsbad Treatment

in his own country. *Litera scripta manent.* I have to thank my brother Civil Surgeons of the Indian Medical Service, for having so universally recommended it for this purpose, to their patients.

The first edition was written solely for tropical patients. Its rapid exhaustion and kind reception induced me to extend the scope of the present edition, so as to make it equally useful to patients in temperate climates. It has in many respects also been brought thoroughly up to date.

As the present edition will also appear in America, I trust it may be found helpful where sustained work conduces to digestive troubles, and be of as much use to the soldiers and civilians of her tropical possessions, as the appreciative letters I have received, lead me to infer, it has been in India.

LOUIS TARLETON YOUNG, M.D.

FLUSHING, FALMOUTH, ENGLAND,
May, 1899.

CONTENTS.



CHAPTER I.

CARLSBAD, AND HOW TO GET THERE.

	PAGE
<i>Hints on local customs, etc.</i>	I

CHAPTER II.

AN AVERAGE DAY AT CARLSBAD.

<i>Method of conducting the course there—Diet—Drink—Amusements</i>	13
--	----

CHAPTER III.

THE BATHS OF CARLSBAD.

<i>Various kinds of baths—Douches, percussion and ascending—Oxygen inhalation</i>	20
--	----

CHAPTER IV.

THE ARTIFICIAL CARLSBAD COURSE, AND HOW TO CARRY IT OUT.

<i>Relative costs of natural and artificial courses—Indications—Contra-indications—Tropical cachexia—Methods—Physiological rest—Effects of the course—Appetite increased—Late manifestation of good effects—Precautions during the course—Season for and duration of course—Artificial course in India and the tropics—Diet—Drinks, alcoholic and temperance—The after-care</i>	30
--	----

CHAPTER V.

ON THE INCOMPATIBILITY OF ACIDS WITH THE CARLSBAD
TREATMENT.

	PAGE
<i>Opinions of Julius Braun—Alkalies mostly absorbed as such—</i>	
<i>Acids especially injure cases of catarrhal dyspepsia—</i>	
<i>Fothergill's method of giving stewed fruits to the gouty,</i>	
<i>rheumatic, and dyspeptic</i>	64

CHAPTER VI.

CHEMICAL CONSTITUTION OF THE CARLSBAD WATER AND
SALT—THERAPEUTIC ACTIONS OF THESE CONSTITUENTS
—GENERAL ACTION OF THE WATER

71

CHAPTER VII.

CONDITIONS NECESSITATING THE USE OF CARLSBAD
TREATMENT OBTAINING IN TEMPERATE CLIMATES.

<i>Causes of gradual deterioration of health—Causes of Bright's</i>	
<i>disease—Efficacy of Carlsbad in averting Bright's disease—</i>	
<i>Dyspepsia—Adjuvant factors in its causation—Defective</i>	
<i>mastication—Hurried meals—Enlarged tonsils—Oxæna—</i>	
<i>Defective ventilation—Deficient exercise and sunlight—</i>	
<i>Congenital dyspeptics—Stomach catarrh—Jaundice—Intestinal</i>	
<i>catarrh—Dilatation of stomach—Ulcer of stomach—Con-</i>	
<i>stipation—Gall-stones and biliary colic—Cirrhosis of liver</i>	
<i>—Sluggish liver—Albuminuria ordinary and cyclic—</i>	
<i>Gravel and Contrexville—Womb congestions—Inflamed</i>	
<i>piles—Chronic gout, its treatment and diet—Chronic</i>	
<i>rheumatism—Anæmia—Obesity—Diabetes, its treatment and</i>	
<i>diet</i>	81

CHAPTER VIII.

CONDITIONS NECESSITATING THE USE OF CARLSBAD
TREATMENT OBTAINING IN TROPICAL COUNTRIES.

I.—Malaria: its Nature and Effects on the System.
—The malarial parasite—Effects of malaria on digestive

Contents.

ix

	PAGE
<i>organs and constitution—Spleen, liver, Bright's disease—Effects of hot climates on digestive organs—Tropical cirrhosis—Degeneration of heart—Anchylostomiasis—Sudden death from pulmonary thrombosis—Neuralgia—Skin affections—Ulcers in the mouth—Oriental sores—Tropical anæmia—Malarial rheumatism and paralysis—Scurvy—General catarrh of mucous membranes—Catarrhal enteritis—Increased production of uric acid under influence of malaria as a cause of stone in bladder and kidney in India—Treatment of constitutional malaria</i>	118
II.—Dysentery. — <i>Chronic dysentery—Catarrhal and ulcerated—Alkaline saline diagnostic test for ulceration—Chronic dysentery a purely local disease of colon—Colotomy proposed as a cure—Treatment by drugs generally useless—Cæcal dysenteries most dangerous and intractable; the sigmoid cases recover oftenest—Many cæcal cases due to appendicitis—Treatment: rest in bed; milk diet—Special directions about milk diet—Injections into bowel—Diet for incurable cases—Prevalent ignorance on the subject—Vichy and Carlsbad treatment—Hot baths</i>	150
III.—Tropical Diarrhœa—Hill Diarrhœa—Irritative Diarrhœa. — <i>Tropical white diarrhœa—Hill diarrhœa—Treatment of both varieties—Irritative diarrhœa, bacteriology of—Treatment—A very fatal disease of infants—Chronic gastric irritability of strumous children—Irritative spermatorrhœa of adolescents—Bilious diarrhœa</i>	167
IV.—Liver. — <i>Symptoms of chronic congestion—"Tropical Liver Engorgement"—Treatment—Diet—Hydropathic belt: its great efficacy—Objections to use of acid—Furulent anal discharge or moist condition of anus in chronic liver congestion—Night sweats and hectic from liver</i>	177

CHAPTER IX.

ON SOME FORMS OF DYSPEPSIA COMMON IN THE TROPICS.

<i>Primary indigestion—Its varieties, viz. atonic, bilious, irritative and catarrhal, and their treatment—Three varieties of irritative dyspepsia: the indiscretionary, the strumous, and the gouty—Painful dyspepsia, "waist-pain"—General directions to dyspeptics—Skeleton menus—Liver indigestion or secondary dyspepsia: its peculiar symptoms—Treatment</i>	184
--	-----