

**COOKERY CRAFT: AS
PRACTICED IN 1894 BY THE
WOMEN OF THE SOUTH
CHURCH, ST. JOHNSBURY, VT.**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649556038

Cookery Craft: As Practiced in 1894 by the Women of the South Church, St. Johnsbury, Vt. by
Mrs. C. H. Merrill

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Cover @ 2017

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MRS. C. H. MERRILL

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COOKERY

CRAFT

AS PRACTICED IN 1894 BY THE WOMEN OF THE
SOUTH CHURCH, ST. JOHNSBURY, VT.

EDITED BY
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"IT is the concretion of a good deal of thought, emotion, and toil of brain and hand," said Kenyon. . . . "I kindled a great fire within my mind, and threw in the material—as Aaron threw the gold into the furnace—and in the midst of heat up rose THIS, as you see it."

—MARBLE FAUN.

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PRESS OF
E. M. Stone & Company,
ST. JOHNSBURY, VT.
1894.

641.6195

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"'Not that a new book is wanted,' said The Disagreeable Man; 'there are too many as it is, and not people enough to dust them.'"

—SHIPS THAT PASS IN THE NIGHT.

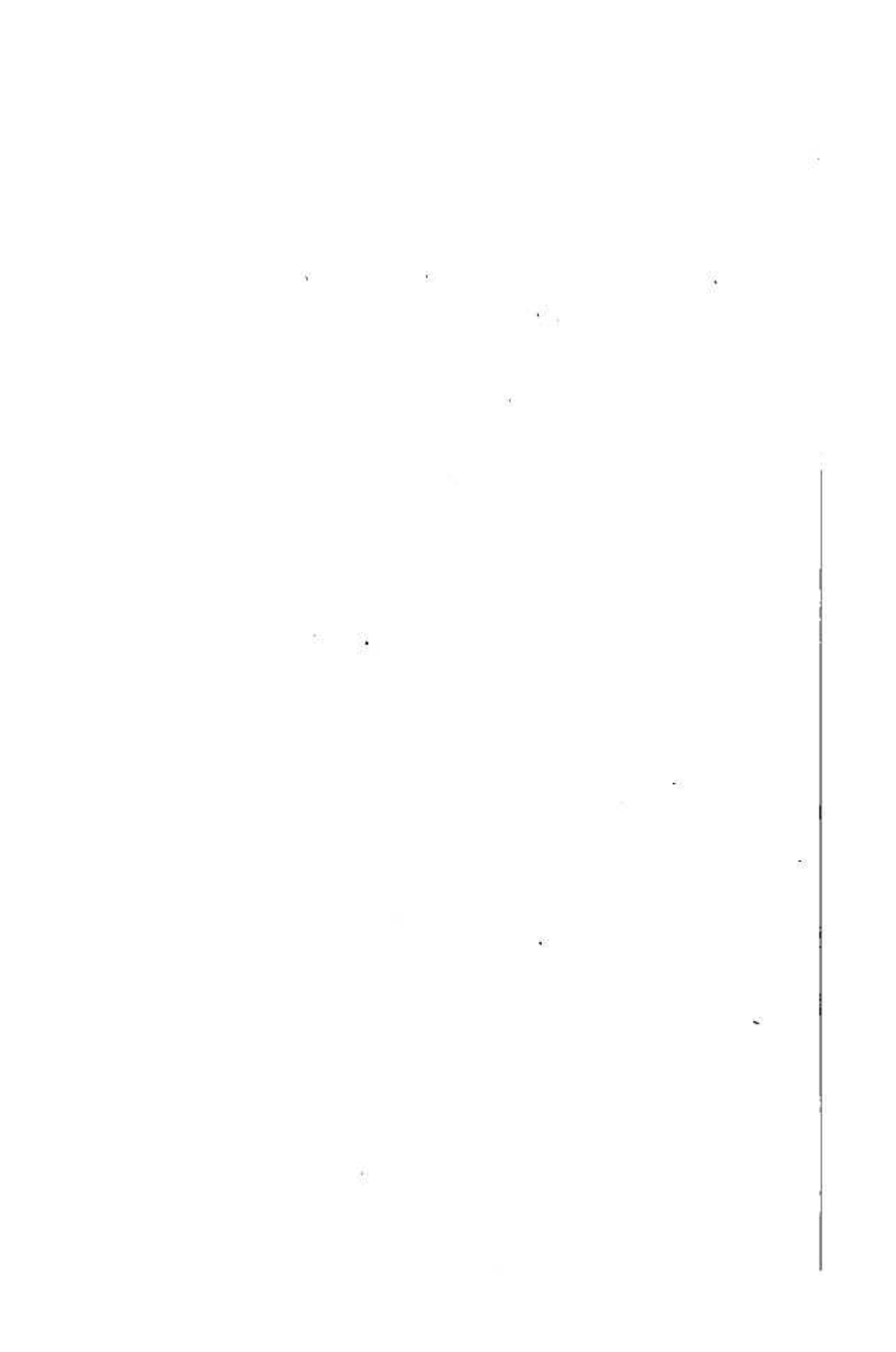
"Some things being always in use get no dust nor spider webs," observed The Agreeable Woman.

—HOUSES THAT HAVE GOOD THINGS.

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"In ever new elaboration and addition *this* is the combined work of all thinkers—how changed from shape to shape by each thinker's contribution, till it got to full final shape, no man will now ever know."

—CARLYLE.



PREFACE.

The compilers of this little volume having been thoroughly indoctrinated in the inspiration of the Scriptures do not doubt the wisdom of Solomon who has told us that "there is no new thing under the sun." But we are all willing to concede that some things are less old than other things. We believe that the concocting of an appetizing dish has been dear to the heart of woman and the stomach of man since the time when Adam so unhesitatingly partook of the something new offered him by our mother Eve. Familiar objects often gain a new interest in our eyes by a mere re-adjustment of position; and the deft-handed cook will, with the same ingredients differently proportioned, tickle our palates with that variety which is the very spice of life.

And so, although gastronomic science can by no means be considered to be in its infancy, it may yet be believed to be lingering in the region of middle life, and while anything pertaining to an increase of comfort in our daily living is of almost universal interest, we feel that we may hazard our very modest venture without an accompanying apology.

As we turn the subsequent pages and look at the familiar names we shall undoubtedly be reminded of many pleasant hours when we have enjoyed each other's hospitality; perhaps

more particularly of the times when we have enlarged our borders and spread our feast under the friendly roof of the old South Church and given a true and hearty welcome to the friends who gathered around our hearthstone.

We have endeavored, in our recipes, to give something that shall be of interest to each one who shall turn to these pages, hoping for a little new light on an old subject. An exchange of ideas will surely please our elder housekeepers and if, to them, some minute directions may seem needless, perhaps they will kindly think of our younger cooks who may come to our pages for real instruction; and also look back to the time when they themselves would have been but little benefitted by the old-time problematic recipe:

"Sage and bread, mix just enough
Salt and pepper *quantum suff.*"

And if any perplexed housekeeper shall gain from *Cookery Craft* any new inspiration or fresh courage that shall assist her in providing a tempting menu for those whom she delights to serve, the aim of this little book will have been realized, as to share our good things with our friends, and lend a helping hand to each other has ever been the motto of the

LADIES OF THE SOUTH CHURCH.