

**NOTES ON MILITARY
HYGIENE: FOR
OFFICERS OF THE LINE**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649659036

Notes on Military Hygiene: For Officers of the Line by Alfred A. Woodhull

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

ALFRED A. WOODHULL

**NOTES ON MILITARY
HYGIENE: FOR
OFFICERS OF THE LINE**

NOTES
ON
MILITARY HYGIENE

FOR OFFICERS OF THE LINE.

A Syllabus of Lectures

FORMERLY DELIVERED AT

THE U. S. INFANTRY AND CAVALRY SCHOOL.

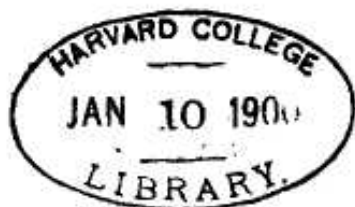
BY
Alfred A. Woodhull
ALFRED A. WOODHULL, LL.D. (*Princ.*),
Lieut. Colonel, Med. Dept. U. S. Army.

NEW EDITION, REVISED AND AUGMENTED.

FIRST THOUSAND.

NEW YORK:
JOHN WILEY & SONS.
LONDON: CHAPMAN & HALL, LIMITED.
1898.

~~VII, 3832~~
Wat 5958,98



Hayden

Copyright, 1890, 1896,
BY
ALFRED A. WOODHULL.

PREFATORY NOTE.

THESE notes represent the essence of the lectures on Military Hygiene delivered to the class of 1889 at the Infantry and Cavalry School. The lectures were expansions of this syllabus, and were chiefly compilations with additions, comments, and illustrations from personal experience. Parkes's great work is the chief but not the only source whence the principles were drawn.

Originally prepared for the convenience of student officers, it has been thought that this abstract might be acceptable to officers of the line generally.

FORT LEAVENWORTH, May, 1890.

NOTE TO THE REVISED EDITION.

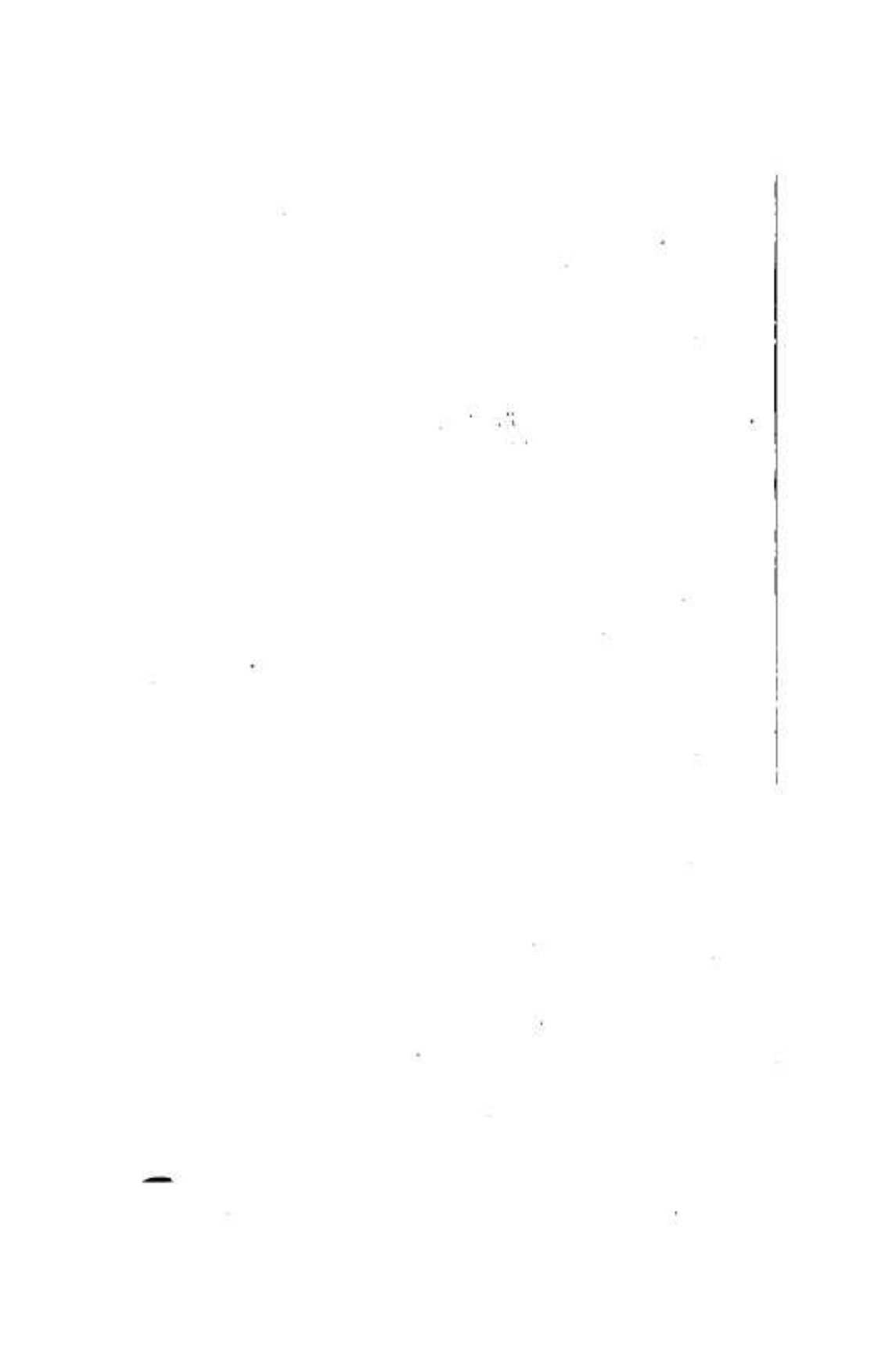
In this edition the text has been changed to correspond with the present army regulations and with the progress of sanitary science.

An essay has been added upon the care of troops in the field, especially in warm climates, which is an expansion of parts of the body of the work with some new matter.

HEADQUARTERS DEPT. OF THE COLORADO,
April, 1898.

CONTENTS.

	PAGES
I. SELECTION OF SOLDIERS,	1-20
II. MILITARY CLOTHING,	21-36
III. FOOD,	37-71
IV. HABITATIONS,	72-96
V. CAMPS AND MARCHES,	97-107
VI. SEWERS AND WASTE,	108-119
VII. WATER,	120-139
VIII. PREVENTABLE DISEASES,	140-146
IX. CARE OF TROOPS IN THE FIELD,	147-171
ASEPSIS FOR WOUNDS,	172
BOOKS OF REFERENCE,	173
INDEX,	175-181



NOTES ON MILITARY HYGIENE.

I.

THE SELECTION OF SOLDIERS.

Nature of Military Hygiene.

1. In general terms military hygiene means the care of troops. This duty is ever present.

2. It concerns line officers as they control the daily lives of men, and staff officers as they supply their food, their clothing, and their habitations.

3. It is of importance to soldiers because, removed from much independent action in relation to their own sanitary care, honesty requires they shall not be injured by the system imposed on them, and to the state because nothing is so costly as disease and nothing so remunerative as the outlay that augments health and thus increases the amount and value of the work done. (Parkes.)

General Physique.

4. The whole military fabric rests upon the physical character of the individuals composing it.

5. The recruits must be trustworthy in physique before the military character can be developed, and