

**DISCOURSES ON PRACTICAL PHYSIC:
I. ON PHYSICAL DISEASE FROM
MENTAL STRAIN; II. ON RESEARCH IN
MEDICINE; III. ON INTERMITTENT
PULSE AND PALPITATION**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649563029

Discourses on Practical Physic: I. On Physical Disease from Mental Strain; II. On Research in Medicine; III. On Intermittent Pulse and Palpitation by Benjamin W. Richardson

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

BENJAMIN W. RICHARDSON

**DISCOURSES ON PRACTICAL PHYSIC:
I. ON PHYSICAL DISEASE FROM
MENTAL STRAIN; II. ON RESEARCH IN
MEDICINE; III. ON INTERMITTENT
PULSE AND PALPITATION**

DISCOURSES ON PRACTICAL PHYSIC.

- I. ON PHYSICAL DISEASE FROM MENTAL STRAIN.
- II. ON RESEARCH IN MEDICINE.
- III. ON INTERMITTENT PULSE AND PALPITATION.

BY

BENJAMIN W. RICHARDSON, M.A., M.D., F.R.S.,

FELLOW OF THE ROYAL COLLEGE OF PHYSICIANS.
HONORARY MEMBER OF THE IMPERIAL, LEOPOLD CAROLINA ACADEMY OF NATURAL SCIENCES.
HONORARY PHYSICIAN TO THE ROYAL LITERARY FUND.



LONDON :

J. & A. CHURCHILL, NEW BURLINGTON STREET.

1871.

157. m. 169.

PREFACE.

THE Discourses herewith presented to the reader were delivered on different occasions to audiences of medical men; the first to the members of the Psychological Association, the second to the St. Andrew's Medical Graduates' Association, the third, as now revised, to the Medical Society of London.

The Discourses are re-published in a separate volume simply because I have been often asked for them by members of the profession, both at home and abroad. They were to have appeared last year, but increasing professional work has hindered me in their production.

Such as they are I give them at last, and if they become in the smallest degree useful I am content.

B. W. R.

LONDON,
12, *Hinde Street, W.*,
Feby. 28th, 1871.

CONTENTS.



DISCOURSE I.

ON PHYSICAL DISEASE FROM MENTAL STRAIN... ..	1-18
--	------

DISCOURSE II.

ON RESEARCH IN MEDICINE	19-89
--------------------------------	-------

DISCOURSE III.

ON INTERMITTENT PULSE AND PALPITATION.

CHAPTER 1.—Definition of Intermittent Pulse. Physical Character	39-43
CHAPTER 2.—Causes of Intermittent Pulse, Mechanical and Organic	43-49
CHAPTER 3.—Illustrations of Origin of Intermittent Pulse	50-61
CHAPTER 4.—Organic Cause of Intermittent Pulse resumed	62-70
CHAPTER 5.—On the Significancy and Persistency of Intermittent Pulse	71-75
CHAPTER 6.—Treatment. Points of Practice	76-86
CHAPTER 7.—On Palpitation of the Heart	87-91
CHAPTER 8.—Addendum on Treatment	92-95



**ON PHYSICAL DISEASE FROM MENTAL
STRAIN.**

DISCOURSE I.

1. The first part of the document discusses the importance of maintaining accurate records of all transactions and activities. It emphasizes that proper record-keeping is essential for transparency and accountability, particularly in financial matters. This section also highlights the need for regular audits and reviews to ensure that all data is up-to-date and correct.

2. The second part of the document focuses on the role of technology in modern record-keeping. It explores various digital tools and software solutions that can streamline the process of data collection, storage, and analysis. The text notes that while technology offers significant advantages, it also requires careful implementation and security measures to protect sensitive information.

3. The third part of the document addresses the challenges of data management in large organizations. It discusses the complexity of handling vast amounts of information from multiple sources and the importance of having a clear strategy for data organization and access. The text suggests that effective data management is crucial for making informed decisions and improving operational efficiency.

4. The fourth part of the document provides practical advice on how to implement a robust record-keeping system. It offers step-by-step guidance on selecting the right tools, training staff, and establishing clear protocols for data entry and maintenance. The text also discusses the importance of regular backups and disaster recovery plans to ensure data integrity and availability.

5. The final part of the document concludes by summarizing the key points and reiterating the importance of a proactive approach to record-keeping. It encourages organizations to embrace change and continuously improve their data management practices to stay competitive in a rapidly evolving digital landscape.