

**ST. TERESA'S BOOK-
MARK, A MEDITATIVE
COMMENTARY**

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St. Teresa's book-mark, a meditative commentary by Father Luke

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FATHER LUKE

**ST. TERESA'S BOOK-
MARK, A MEDITATIVE
COMMENTARY**



ST. TERESA OF JESUS
Reformer of the Order of Mt. Carmel

ST. TERESA'S BOOK-MARK

BX
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L8213
1919

A Meditative Commentary

BY

REV. FATHER LUKE OF ST. JOSEPH

DISCALCED CARMELITE

Let nothing trouble thee,
Let nothing affright thee.
All things are passing;
God only is changeless.
Patience gains all things.
Who hath God, wanteth nothing.
God alone sufficeth.

5/11/42

Translated by a friend for Carmel of St. Louis.

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ST. LOUIS
MISSOURI
1919

ST. TERESA'S BOOK-MARK
A MEDITATIVE COMMENTARY

By Rev. Father Luke of St. Joseph

Nihil obstat.

St. Louis, 19. Jan., 1919.

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INTRODUCTION

My Mother St. Teresa was a remarkable poetess because she was a great Saint. All the Saints are poets, although not all have left us written in rhythmic cadences the ardent sentiments of their deified souls.

The foundation of poetry is truth, its distinctive trait is sentiment; its attractive gala apparel is lent to it by the imagination. He was not entirely wrong who defined poetry: *as the language of passion and of an ardent imagination.* (Blair's Lessons in Rhetoric and Fine Arts. XXXIV.)

An inspiration suddenly surprising one's spirit, envelops it in a nimbus of light and moves it deeply. Behold the soul of poetry! At its light all the faculties of the soul awaken, and the warmth that they irradiate communicates itself to the fancy, the heart, perhaps to the very senses; and thus, all the vital forces concentrating on the object that awakened them, the spirit sings or weeps, that is, feels itself a poet.

Truth is to souls what the sun is to creation. Its light is always the same, but its effects are very different and even opposite, according to the point upon which this light is projected. If the luminous rays fall upon a quagmire, they cause germs to develop and with them poison the air we breathe.