

# **THE COOK BOOK**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649556014

The Cook Book by Jane Rush

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.  
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

[www.triestepublishing.com](http://www.triestepublishing.com)

**JANE RUSH**

**THE  
COOK BOOK**



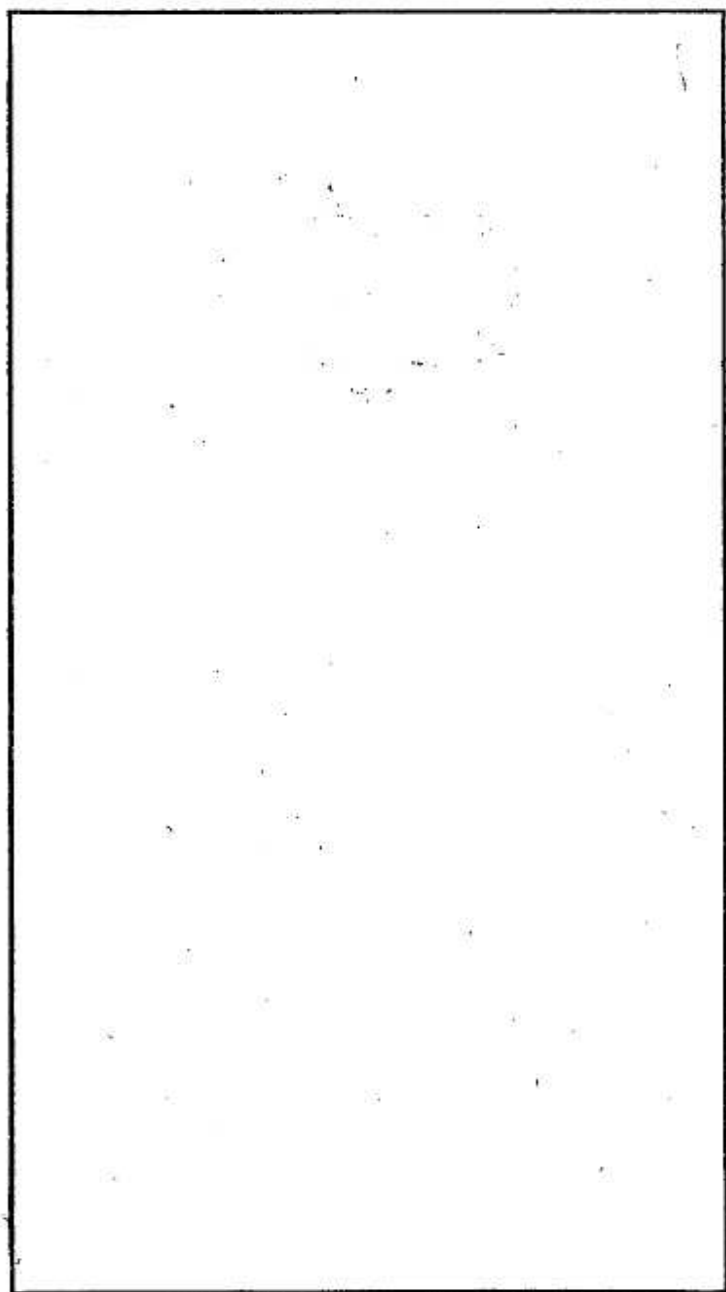
*THE* COOK BOOK



*I wish to thank, most cordially, Mr. H. A. Moses of the Strathmore Paper Company, Mr. Lewis Parkhurst of Ginn & Company and Mr. Joe Mitchell Chapple of the National Magazine for their substantial interest in the Navy Relief Society.*

*JANE RUSH,  
President Massachusetts Auxiliary,  
Navy Relief Society.*

*Boston Navy Yard,  
November, 1918.*





THE  
COOK BOOK

By JANE RUSH

Just ask the cook to pause and look,  
Within this harmless little book,  
It will convince him quite;  
That many simple recipes,  
Compiled as carefully as these,  
Will charm the appetite.



641.61  
R95c

COPYRIGHT, 1918  
BY JANE RUSH

75-330

---

## PREFACE

**T**HIS book is made up of old and tried recipes, which I have been prompted to compile by one of my domestics, who states that the recipes I give him are so clearly and plainly written that he never has any trouble in successfully making any of the dishes.

I know how difficult it is for inexperienced cooks to follow the directions given in cook books, and my own housekeeping has suffered in the past from this cause; so I take particular pleasure in writing out every step in the recipe from the time the cook begins to put the ingredients together until the dish is ready to serve.

Ordinarily, so much of this vitally important detail is left to the fancy of the cook that inexperienced housewives find cook-book recipes very trying and disappointing.

I have selected only a few, well-tried recipes of common everyday things that most of us like; and I hope and believe that others will find them as useful as they have been to me.

The proceeds from the sale of this book will be devoted to a charitable organization that is very near my heart, and with which I have been associated and worked for a number of years. I hope the personal touch in this book will appeal to my many good wishers and friends who have shown themselves so interested in my work.

JANE RUSH,

President Massachusetts Auxiliary,  
Navy Relief Society.

Boston Navy Yard,  
November, 1918.

