

# **THE PRINCIPLES OF NURSING**

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The Principles of Nursing by Charlotte A. Brown

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**CHARLOTTE A. BROWN**

**THE PRINCIPLES  
OF NURSING**



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## PREFACE.

In the preparation of this volume the author has tried to adhere *strictly to the principles of nursing*.

In all departments of education the advantage of carefully graded instruction is now universally accepted, and her years of experience in teaching have emphasized in the author's mind the need of a concise and understandable text-book. Consequently, clearness and simplicity have been her aim.

For example, the subject of bacteria is confined to a short but practical chapter, in which their growth, various products and wide distribution, together with accepted methods for their destruction, have been given. Again, though a discussion of the chemistry of foods and the unsettled subjects of digestion, assimilation and metabolism are avoided, a simple classification of diets and their special application to various disease conditions and the process of repair are given.

The clinical features are emphasized throughout. Instruction in observing and recording the patient's condition, nursing in various disease conditions, surgical dressings and operating-room technic are fully and carefully explained.

**50534**

While the book is essentially elementary, the text covers the general fundamental principles of nursing. Hence its title, *A Text-book of the Principles of Nursing*.

A glossary is conveniently placed at the end of the book.

C. A. B.

Boston, 1919.

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# PRINCIPLES OF NURSING.

## CHAPTER I.

### QUALIFICATIONS.

Physical, Mental and Moral Qualifications of the Nurse—The Ethical Relation of the Nurse to the Patients and Their Friends—To Her Superior Officers—Hospital Staff—Fellow Workers—Her Duty to Herself.

“THE development of sick-nursing has brought into existence a large, highly skilled, and organized profession. It is one of the most notable features of modern social life.”

Women whose ambition it is to enter this profession should consider their personal qualifications. The desire to be a nurse and the willingness to submit to strict discipline and perform hard work, while of utmost importance, are not all that is necessary.

There must always be an element of self-sacrifice, effacement and an appreciation of the seriousness of the work. There is no class of persons who come so close to the tragedies of life as does the nurse, consequently she should be a woman of sterling qualities.

The qualifications are good health, both physical and moral, and a well-trained mind.