THE HEALING HAND

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THE HEALING HAND

Teaching the principles of healing through the three-fold method of:

Suggestion through the hand.

Suggestion through the spoken word and written word.

Suggestion through telepathy, as explained in the home method of healing.

BY

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INTRODUCTION

THE HEALING HAND.

This book is written with the one big purpose of being helpful to everyone who reads it.

Whether this reading is only for a few moments to merely glance at its pages or to read it consecutively chapter after chapter; it has in it, in every line of it, a statement of fact learned from every day life.

The purpose of the writer is to present the basic principles of the Law of Life and the lessons that life teaches.

Reviewing the pages of every day life, we know that we acquired all of our knowledge in response to those things of environment which made us think.

Those influences that caused us to think right, that inspired us to learn more, to do more, and to exercise the intent of helpfulness in what we thought and did, were most valuable, and that which has value to one person has value to all.

It is a self evident fact of experience that nothing comes to us that is molded into constructive thought or action, that does not come out of us in response to something that made us think.

That something which caused us to think, no matter in what form it was presented to us, is suggestion.

The one who can help most his fellow man is one who knows what suggestions were helpful to him when he made his response to them, and he will know what suggestions to give and in what manner to present them, that they will be most helpful to those he desires to serve.

In this book is set out simply but clearly an idea of service which all can understand. We define service as that influence which one exerts that helps another, or that one offers to another by which the person to whom it is offered is enabled to make his responses in such a manner that they enable him to help himself.

There are three desirable impulses in each life seeking opportunity for expression. They are **health, happiness** and **prosperity.**

Health is first comprehended in our conscious life as a physical condition satisfactory to the individual. A close inspection will show that health is merely the expression of something, and

that something is life. That something existed before the flesh it occupies was organized into a body.

Long before he even realized that he had a body, the real individual life in each person, unconscious of how he did it, helped to build this organization and established the laws and rules for their administration.

The operation of these laws within the physical organism without change from the original order established, carries on the life processes in a perfect manner.

When this order is undisturbed in its activity, the body occupied is in a state of health.

We know now that health is this perfect life stream flowing through the body which it shaped and occupies.

Happiness is health in another form, and is composed of the right things of life properly understood, rightly related, and constructively expressed in thought, which finds its outlet in doing things with this body, through this body, and using this body to perform the activities which require contact with the physical world, also using its mental powers in dealing with the relationship that exists between the thought selves of other individuals and himself.

Prosperity is the unhampered and uninterrupted out flow of right intentions through the healthy body and the sound mind of a man.

Prosperity is the application of the laws of physical well being, conscious right thinking, applied to the things which we know and express in such manner that everything it touches is increased, everything it serves is helped, everything it speaks to is enlightened, and everything to which it turns its attention is enriched thereby.

Prosperity is the expression of a man who is physically well and mentally sound, exercising that courage which makes him able to bestow the gifts which he has inherited as a spiritual being, that of "power, of love, and of a sound mind."

Exercising these gifts he prospers, and causes all upon whom he bestows his gifts to share in his prosperity.

This book is divided into three separate sections. The first deals with suggestions which pertain to physical health and action and especially teach how these suggestions may be conveyed from the mind of the healer to the mind of the patient

through the cells of the patient's body through the agency of the human hand.

The second section of the book treats also of physical health and physical expression, but will teach how to offer these suggestions through the agency of spoken and written words.

The third section of the book deals with silent influence of thought, describes, defines, and explains the omnipresence of mind, intelligence, power and presence.

The language of this department of psychology is called telepathy, and in this section is taught, as far as it is known, the perfect methods of exercising and expressing telepathic thought.

In this department the philosophy and psychology of prayer and silent suggestion is exhaustively treated, and numerous instances are given which apply to the general reader and enlighten many who have had these mysterious experiences of communicating with their own higher selves, and with the higher things of life itself.

Following the concrete discussion of the three subjects enumerated in the foregoing paragraphs, Healing by the Laying On of Hands, Suggestion through the Written and Spoken Word, Suggestion through the employment of telepathic means, we give the reader an extended symposium of a discussion of the Real Man, as we study him from the view point of origin, present existence and destiny. Also an extensive discussion of the primary and fundamental principles of the laws of mental healing based upon the actual experiences of the author, which we feel will give the reader adequate information that will enable him to understand himself and to prepare him for the practical study of the principles of Suggestotherapy.

Believing that we have rendered a service to humanity, we offer this book, knowing that all who read its contents and understand its meaning will be immeasurably benefited.