

**REPORTS OF THE TRUSTEES, RESIDENT
OFFICERS AND VISITING COMMITTEE
OF THE MAINE INSANE HOSPITAL
AND EASTERN MAINE INSANE
HOSPITAL, DECEMBER 1, 1903**

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Reports of the Trustees, Resident Officers and Visiting Committee of the Maine Insane Hospital and Eastern Maine Insane Hospital, December 1, 1903 by Various

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VARIOUS

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OF THE
TRUSTEES, RESIDENT OFFICERS
AND
VISITING COMMITTEE
OF THE
MAINE INSANE HOSPITAL
AND
Eastern Maine Insane Hospital

December 1, 1903.

AUGUSTA
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1904

OFFICERS FOR 1903-1904.

Trustees.

FREDERICK ROBIE, M. D., Gorham, President.
H. T. POWERS, Fort Fairfield, Secretary.
Mrs. J. R. SMITH, Litchfield.
THOMAS WHITE, Bangor.
SIDNEY M. BIRD, Rockland.
CHARLES E. FIELD, Bangor.
GEORGE E. MACOMBER, Augusta.

Resident Officers.

BIGELOW T. SANBORN, M. D., Superintendent.
HORACE B. HILL, M. D., Assistant Superintendent.
H. L. HORSMAN, M. D., Second Assistant.
H. K. STINSON, M. D., Third Assistant.
GERTRUDE E. HEATH, M. D., Fourth Assistant.
MANNING S. CAMPBELL, Steward and Treasurer.
ALICE G. TWITCHELL, Matron.
G. R. CAMPBELL, M. D., Pathologist and Bacteriologist.

Chaplains for 1904.

Rev. H. E. DUNNACK, Augusta.
Rev. B. P. HOPE, Augusta.
Rev. C. A. HAYDEN, Augusta.
Rev. C. W. DOHERTY, Augusta.

Subordinate Officers.

JOHN A. GETCHELL, Hospital Clerk.
M. F. MOORE, Assistant Hospital Clerk.
W. H. MITCHELL, Second Assistant Hospital Clerk.
C. H. GIFFORD, Superintendent's Clerk.
ALBERT M. PINGREE, Store Clerk.

Supervisors.

Male.	Female.
VERMONT R. LUCE.	Mrs. ANNIE D. McLEAN.
GEORGE E. KIMBALL, First Ass't.	Miss MARIA H. McFEE, Ass't.
CHARLES H. DAVIS, Second Assistant.	

Women's Pavilion.

Miss ANNIE R. McLAUGHLIN.
Miss ELIZABETH E. CARTER, Assistant.

Men's Pavilion.

OLIN B. HUNNEWELL.
HENRY W. PLACE, Assistant.
W. L. SAMPSON, Engineer.
W. H. ALLEN, Superintendent Farm, Garden and Floral Department.

Standing Committees for 1903-1904.

- On Conference with Legislative Committee—Robie, White and Macomber.
 - On Finance—White, Bird and Macomber.
 - On Buildings and Improvements—Bird, Robie and Powers.
 - On Farm Stock and Outside Property—Field, Powers and Robie.
 - On Library—Mrs. Smith, White and Dr. Sanborn.
 - On Recreation and Amusement of Patients—Dr. Sanborn, Field, Mrs. Smith.
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Visiting Committees for 1904.

- January—Robie, Mrs. Smith, Bird and White.
- February—Field, Macomber, White and Mrs. Smith.
- March—Full Board.
- April—Robie, Field, Mrs. Smith and Bird.
- May—Bird, White, Field and Macomber.
- June—Full Board.
- July—Robie, Macomber, Powers and Field.
- August—Mrs. Smith, Bird, Powers and Macomber.
- September—Full Board.
- October—Macomber, Powers, White and Field.
- November—Robie, Bird, Mrs. Smith and Powers.
- December—Full Board.

TRUSTEE'S REPORT.

To his Excellency, the Governor and Executive Council:

The Board of Trustees of the Maine Insane Hospital, located in the City of Augusta, and of the Eastern Maine Insane Hospital, at Bangor, would respectfully submit their Annual Report for the year ending November 30th, 1903, for the consideration of the Executive Department of the State. We also call your attention to several Annual Reports, which the Superintendents, Treasurers, Stewards, and other officials of these two institutions have prepared, and have intrusted to our care for the proper delivery, and we refer you to them, as part of our report for facts and comprehensive details of the management of our institutions.

The reports of the Superintendents give a detailed account of the medical work of the two hospitals and of the results which have followed the treatment of patients suffering under different forms of mental disease.

The Executive officers of our State, and the public, who are always interested in everything that concerns our Insane institutions will be glad to know that the past year has been fruitful in bequests for our unfortunate insane. There have been no troublesome and dangerous epidemics; no unusual sickness; but few accidents, and only the usual number of deaths have occurred. The tables of the results of hospital practice which are given us by the superintendents, show an unusual number of patients who have been permanently cured, and many others who have partially recovered.

The number of male patients in the Insane Hospital at Augusta, Nov. 30th, 1903, was....	377
The number of female patients in the Insane Hospital at Augusta, Nov. 30th, 1903, was....	287

Total number.....	664
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This shows an increase over last year of 33 patients.

The number of male patients at the hospital at Bangor, Nov. 30th, 1903, was.....	120
The number of female patients at the hospital at Bangor, Nov. 30th, 1903, was	96

Total number....	216
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This shows an increase over last year of 7 patients.

The total number of patients, cared for and domiciled in our two hospitals has now reached..... 880

The present legitimate capacity of the hospital at Augusta will accommodate 600 patients, and when the new stone wings are repaired and renovated, it will accommodate 660 patients.

The hospital buildings at Bangor are now in a condition to accommodate 159 patients.

We now have accommodations sufficiently large in both hospitals, without crowding, to accommodate 759 patients.

The hospital at Bangor has been so over crowded that it has been obliged to transfer, during the year, to Augusta, 32 patients: which fact implies that the Eastern Maine Insane Hospital needs larger accommodations. The increase last year, in both hospitals, over the previous year, was 60 patients. The increase in each hospital, this year, over the last, is 40 patients.

It is an easy matter to see, when we consider the future welfare of the State's insane, that speedy arrangements must be made for their better accommodation. This matter will, in due time, be properly presented for the consideration of the next legislature.

The work of the Superintendent, the Medical Faculty, of a well administered insane hospital, involves an immense amount of responsibility and labor. Each of the 880 patients have a claim upon the medical advisers for direction and care, and conditions and circumstances are constantly changing in so

many cases, that it is, and should be, a continual strain on the medical attendants to meet the many urgent demands made upon them, in order to secure the best and most speedy results. We are glad to notice that there has been a constant effort on the part of the Medical Faculties of both hospitals, to employ the latest and most approved methods for facilitating the recovery of those patients under their charge affected with mental diseases, and it gives great pleasure to the Trustees and their Medical associates, of both institutions, to call attention to the many full and partial recoveries of patients, evidenced by the tables contained in their reports.

We are glad to notice the thoroughness and faithfulness shown in the several reports of the Superintendents, and others connected with the hospitals, and we recommend their careful reading by every interested person.

The Board of Trustees have visited each of the hospitals every month during the past year, and have given opportunities to every patient to make complaint, with the further privilege of consulting the Trustees on any matter that might interest or disturb him personally. Nothing has arisen from these sources to impeach the administration of either hospital; but harmony, and good feeling between the patients and those in authority, have been found to be the ruling condition.

The wards, and sleeping apartments have always appeared neat and well cared for, and the general appearance of all the patients has been tidy, and status and classification have been thoroughly satisfactory.

The variety of displayed food, during the year, on the neatly spread tables of the dining-room, is sufficient evidence that this important department has not been neglected.

The attendants have been judiciously selected, and always prompt and ready for duty, and sufficiently numerous to meet all the requirements of the institutions.

The opportunities for healthful recreation and pleasurable amusements, have been abundant.

The Religious services of the Chapels have been well attended and the Spiritual life of the patients encouraged by the Christian work and instruction of able and competent chaplains.

The Trustees of the two Insane Hospitals respectfully report that all the official duties committed to them in conformity with the laws of the State of Maine, have been fully performed during the past year.

The board of Trustees are grateful to Dr. Sanborn, the efficient Superintendent of the Maine Insane Hospital, for his long continued and ever faithful services, and to his medical associates, for their able and successful work in the wards of the hospital; for their uniform courtesy, and for the complete and open information in regard to all the affairs and doings of the institution, which have been entirely satisfactory and made the monthly visits of the Board pleasant. We congratulate the Superintendent, and the heads of the several important departments, and the many employees of the hospital, that nothing has transpired to mar the efficiency of its general administration, or impair its usefulness, and we trust that the same loyalty and mutual good feeling will continue.

We have endeavored in meeting the requirements of the several appropriations made by the Legislature of 1903, to secure the best and most economical materials and service, so that the State might receive the largest possible return for its generous liberality.

The work of building and repairs, in compliance with appropriations made for both hospitals, has been under the more immediate charge of competent committees, appointed by the Board of Trustees. These committees have carefully accomplished the work committed to them, without any additional compensation other than that accruing from their usual attendance at the meetings of the Board, and the Trustees desire to express their approval of everything that has been done, and invite a careful examination by the Executive Department of the State of the improvements already made on the stone wings occupied by the inmates of the Insane Hospital at Augusta. We feel assured that such an examination will result in an approval of every detail by your honorable body.

The full amount appropriated for reconstructing the second stone wing of the female department of the hospital was \$45,000.00. It required much careful judgment to arrange in the best interests of economy, the several bids so minutely set